

# No transfat, No cholesterol, High smoking point

## Perhaps the world's most perfect cooking oil

Among life's greatest escapades, food is paramount.



Emerald Harvest is delighted to present its Regular and its USDA Certified Organic Extra Virgin Tea Seed Oils. Both varieties are available in bottled retail and in bulk food services formats.



Emerald Harvest tea seed oil is very comparable in price to most other common cooking oils. This makes it the ideal all purpose cooking oil for today's active healthy lifestyles.

Considered the "Olive Oil of the Orient", tea seed oil has been used as one of the primary cooking oils in China and Japan for centuries, and is a staple of healthy cuisine.

- ★ No transfat
- ★ No cholesterol
- ★ Cold pressed
- ★ USDA Certified Organic
- ★ Very low in saturated fats
- ★ Unique blend of healthy omega fatty acids
- ★ Excellent source of vitamin E antioxidants
- ★ The perfect oil for both low and high-temperature cooking. Very high smoking point (252 °C, 486 °F)
- ★ Ideal for all kind of cooking, frying, stir-frying, sauces, main dishes, baking, salads, marinades, etc.

- ★ 18 Liter (4.75 gallon) can
- ★ 200 Liter (52.78 gallon) drum

- ★ 500 mL (17 fl. oz) bottle
- ★ 4 Liter (1.06 gallon) can



A donation from each purchase is made to Breast Cancer Support Services Inc..  
[www.breastcancersupport.org](http://www.breastcancersupport.org)

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# What constitutes a perfect cooking oil?

Oil Type	Smoking Point	Monounsaturated Fat	Saturated Fat	Transfat	Cholesterol
	Higher is better	Higher is better	Lower is better	Lower is better	Lower is better
Tea Seed	Very High	Very High	Low	None	None
Butter	Low	Low	Very High	High	High
Olive	Very Low	High	Mid	None	None
Canola	Mid	Mid	Low	None	None
Grapeseed	Mid	Very Low	Low	None	None
Soybean	High	Mid	Mid	None	None
Shortening	Low	Low	High	Very High	None



## Nutrition Facts / Valeur Nutritive

Serving size / Portion: 15 mL (1 tbsp / 1 c. à table)  
 Servings per container / Portions par contenant: 33

Amount per serving / Teneur par portion  
 Calories 130

		% Daily value / Valeur quotidienne*
<b>Total Fat / Lipides</b>	14 g	22%
Saturated Fat / Saturés	1.5 g	8%
Trans Fat / Trans	0 g	
Polyunsaturated Fat / Polyinsaturés	1.5 g	
Monounsaturated Fat / Monoinsaturés	11 g	
<b>Cholesterol / Cholestérol</b>	0 mg	0%
<b>Sodium</b>	0 mg	0%
<b>Potassium</b>	0 mg	0%
<b>Total Carbohydrate / Glucides</b>	0 g	0%
Dietary fiber / Fibres alimentaires	0 g	0%
Sugars / Sucres	0 g	
<b>Protein / Protéines</b>	0 g	0%
Vitamin / Vitamine A	0%	Calcium 0%
Vitamin / Vitamine C	0%	Iron / Fer 0%
Vitamin / Vitamine E	15%	

\*Percent daily values are based on a 2,000 calorie diet.

Product	Unit UPC #	Unit Size	Units per Case	Case Weight (lbs)	Case Dimensions (inches) (L x W x H)	Case Volume (cubic feet)	Cases per pallet
Regular Tea Seed Oil	882948 - 501661	500 mL (17 fl oz) Bottle	12	23.9	10 ½ x 8 x 11 ½	0.56	48
Regular Tea Seed Oil	882948 - 501685	4 Liter (1.06 gallon) Can	3	27.4	13 x 7 x 11	0.58	-
Regular Tea Seed Oil	882948 - 501692	18 Liter (4.75 gallon) Can	1	-	-	-	-
Regular Tea Seed Oil	882948 - 501708	200 Liter (52.78 gallon) Drum	1	-	-	-	-
Organic Tea Seed Oil	882948 - 501678	500 mL (17 fl oz) Bottle	12	23.9	10 ½ x 8 x 11 ½	0.56	48
Organic Tea Seed Oil	882948 - 501715	4 Liter (1.06 gallon) Can	3	27.4	13 x 7 x 11	0.58	-
Organic Tea Seed Oil	882948 - 501722	18 Liter (4.75 gallon) Can	1	-	-	-	-
Organic Tea Seed Oil	882948 - 501739	200 Liter (52.78 gallon) Drum	1	-	-	-	-

Available in:

★ Regular Tea Seed Oil

USDA Certified Organic Tea Seed Oil

Emerald Harvest Tea Oil Inc.

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